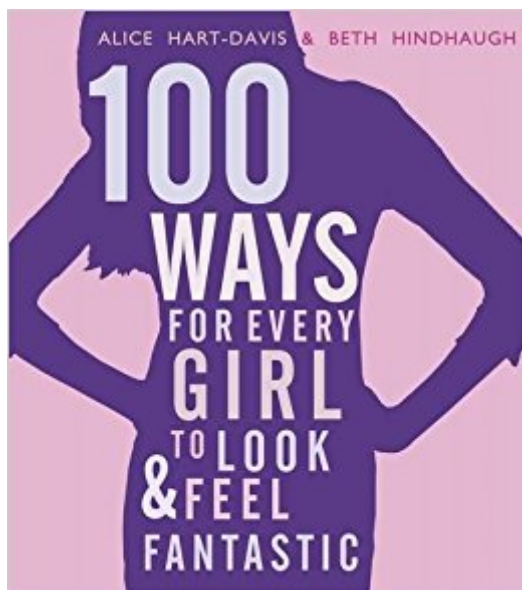


The book was found

100 Ways For Every Girl To Look And Feel Fantastic



Synopsis

Beauty journalist Alice Hart-Davis, and daughter Beth, share their 100 top tips for young teens in this new beauty bible. Every girl wants to look and feel her best and this book contains a fantastic array of top tips for confidence and wellbeing - and masses of beauty secrets. Alice Hart-Davis shares her expansive knowledge in chapters covering everything from hair, skin, make-up and exercise. Offering friendly and detailed advice and clear, easy to follow instructions all accompanied by photographs, this is the definitive beauty bible for any teenage girl.

Book Information

Paperback: 128 pages

Publisher: Walker Books Ltd (September 1, 2012)

Language: English

ISBN-10: 1406337544

ISBN-13: 978-1406337549

Product Dimensions: 7.5 x 0.5 x 8.5 inches

Shipping Weight: 1 pounds

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #481,538 in Books (See Top 100 in Books) #13 in [Books > Teens >](#)

[Personal Health > Personal Hygiene](#) #16 in [Books > Teens > Personal Health > Fitness & Exercise](#) #28 in [Books > Teens > Personal Health > Diet & Nutrition](#)

Customer Reviews

Stylish design and photography make it a perfect gift * Lovereading * a practical and comprehensive guide * Evening Herald (Dublin) * A wonderful book * You Magazine * A great way to approach how to look good by feeling good. * Women's Fitness * the only teen beauty bible your daughter will need. * The Sun *

Alice Hart-Davis is an award-winning beauty journalist who writes for many publications including the Daily Telegraph, the Daily Mail and the Evening Standard. Alice lives in London, W2.

www.alicehartdavis.com

I have followed the world of health and beauty all my life and it's most refreshing to read an honest, fun summary of everything you need to know. Brilliant book. Brilliant author. Brilliant idea for Alice to team up with her daughter to write it. The disagreements between generations act as a bias filter. I

have never been a fan of reading paragraph after paragraph for hours and the arrangement of the book was like following a favourite TV series. I could pick up and leave off at any point, and return to any episode without being lost. I loved the colours! Usually, books that are point-by-point run into the problem of running out of real points and 100 Ways avoids this issue. My favourite thing about the book: that it recognizes beauty and health are one and the same thing in a blunt yet entertaining way!

[Download to continue reading...](#)

100 Ways for Every Girl to Look and Feel Fantastic Sleep Soundly Every Night, Feel Fantastic Every Day: A Doctor's Guide to Solving Your Sleep Problems Simple Isn't Easy: How to Find Your Personal Style and Look Fantastic Every Day! Girlwonder: Every Girl's Guide to the Fantastic Feats, Cool Qualities, and Remarkable Abilities of Women and Girls (Information Please) Fantastic Collections: A Coloring Book of Amazing Things Real and Imagined (Fantastic Cities) Fantastic Ferrocement: Fantastic Ferrocement: for Practical, Permanent Elven Architecture, Follies, Fairy Gardens and other Virtuous Ventures How Not to Look Old: Fast and Effortless Ways to Look 10 Years Younger, 10 Pounds Lighter, 10 Times Better The Smart Girl's Guide to Going Vegetarian: How to Look Great, Feel Fabulous, and Be a Better You The Girl's Fitness Guide: Expert Coaching for the Young Woman Who Wants to Look and Feel Her Best Fantastic Cutaway: Bk O Rescue (Fantastic Cutaway Book of) Bridal Bargains, 8th Edition: Secrets to throwing a fantastic wedding on a realistic budget (Bridal Bargains: Secrets to Throwing a Fantastic Wedding on a Realistic Budget) Bridal Bargains, 9th Edition: Secrets to Throwing a Fantastic Wedding on a Realistic Budget (Bridal Bargains: Secrets to Throwing a Fantastic Wedding on a Realistic Budget) A Smart Girl's Guide: Worry: How to Feel Less Stressed and Have More Fun (Smart Girl's Guide To...) The MELT Method: A Breakthrough Self-Treatment System to Eliminate Chronic Pain, Erase the Signs of Aging, and Feel Fantastic in Just 10 Minutes a Day! Stop Aging, Start Living: The Revolutionary 2-Week pH Diet That Erases Wrinkles, Beautifies Skin, and Makes You Feel Fantastic Atkins Diet Go-To Guide: Shed Those Pounds and Feel Fantastic! Key West Dos and Don'ts: 100 Ways to Look Like a Local (Local Dos and Donts) (Volume 1) Key West Dos & Don'ts: 100 Ways to Look Like a Local (Local Dos and Donts) Bunny and Friends Touch and Feel (Baby Touch and Feel) Baby Touch and Feel: Colors and Shapes (Baby Touch & Feel)

[Contact Us](#)

[DMCA](#)

Privacy

FAQ & Help